



**Deep
Centered
Psychiatry**



Deep Eddy
THERAPY



**DALLAS
COUNSELING**
& TREATMENT CENTER

Deep Eddy Therapy Doctoral Internship Brochure for 2026-2027

The APA accredited* Doctoral Internship Program at Deep Eddy Therapy is designed to be aligned with [Deep Eddy Psychotherapy's values](#) thereby creating a [warm, inclusive, and connected culture](#) to provide doctoral interns with a focused and intensive experience in various clinical modalities, including opportunities to provide therapeutic services such as individuals, couples, groups, including intake assessments and various consultative support with experts in the practice. The internship consists of in-person services, supervision, training didactics, and support. Interns are required to attend two to four hours of clinical training per week (primarily didactic and experiential with some case consultation), in addition to weekly individual and group supervision, present a didactic(s) to the practice, and supervise students from our Master's Internship and Doctoral Practicum (MIDP) program. This is primarily a therapy site; however, there may be some opportunities to provide adult ADHD assessments in collaboration with our psychometrist. The Deep Eddy Therapy Internship program *starts on August 10, 2026 and concludes on August 6, 2027.*

Program Aim: The primary aim of our Internship is to prepare psychologists who are capable of and committed to providing ethical, professional, and socially-just psychological services. The Deep Eddy Therapy doctoral internship supports training of psychologists who are competent to serve all members of the public, and fully endorses [Preparing Professional Psychologists to Serve a Diverse Public](#) as an essential component of our profession. Please review the document in considering application to the Deep Eddy Therapy internship program.

Training Goals: The DEP training program is an advanced psychotherapy and/or assessment experience that allows students the opportunity to practice within a large and well-established group private practice in Austin, TX. The goal of this program is to provide training and supervision in the following areas:

- Competence in Research
- Competence in Ethics
- Competence in Individual & Cultural Diversity
- Competence in Professional Values & Attitudes
- Competence in Communication and Interpersonal Skills
- Competence in Assessment
- Competence in Intervention
- Competence in Supervision
- Competence in Consultation and Interprofessional/Interdisciplinary Skills

Structure of the Doctoral Internship: This is a full-time, 12-month internship (40 hours per week), culminating in approximately 2,000 hours of supervised experience. Please note that total hours may be slightly reduced due to holidays and the use of PTO.

The training experience at DEP consists of a combination of direct clinical work, individual and group supervision, participation in your choice of weekly consultation and training groups, and additional hours for documentation and other administrative tasks. The designated block of direct clinical service time is 23-24 hours per week (referrals allowing). These hours will be allotted to primarily individuals with opportunities to allot time to couples and/or families, or (co)facilitate group therapy. Some adult ADHD assessment opportunities may also be available.

Supervision is a cornerstone of the doctoral internship experience at Deep Eddy Psychotherapy and is designed to provide interns with robust, individualized support that fosters professional growth, clinical skill development, and ethical practice. Our supervision model is tailored to each intern's unique developmental stage and learning goals. Interns benefit from the expertise of seasoned clinicians who take a collaborative and strengths-based approach. Supervisors play an active role in the intern's progression, determining readiness for independent clinical work by observing or reviewing sessions to ensure a strong foundation is in place. All supervisors utilize an integrated developmental model of supervision, which emphasizes personalized feedback, guided reflection, and skill refinement. As part of this model, *interns are required to record all clinical sessions*. Each doctoral intern receives a minimum of two hours per week of individual, one-on-one supervision focused on their clinical work. Interns also participate in a weekly two-hour group supervision facilitated by the Director and/or Assistant Director of Doctoral Internship. Group supervision is designed to be a confidential and supportive space where interns can engage in reflective supervision, case consultation, and professional development. This setting encourages thoughtful exploration of clinical experiences, personal growth, and evolving professional identity, all within a collaborative peer environment that fosters connection, insight, and shared learning.

Didactic curriculum corresponds with the above goals. Interns will attend four 12-week didactic training rotations. Past rotations include: Trauma, Pediatrics, Minding the Heart, Family Therapy, and Couples Therapy. Training groups teach leading theories in their area and provide case conceptualization/example cases. For example, Minding the Heart covers the theory and technique of the leading experiential therapies (AEDP, Coherence Therapy, EFT, IFS) and skill-building practice of the interventions/techniques used in these approaches. Doctoral interns may also choose to expand their knowledge on Couples Therapy, Group Therapy, and/or Child Therapy by attending weekly consultation groups in any of those areas and have access to a clinician(s) specialized in these areas.

As part of their training in supervision, doctoral interns will alternate leading bi-weekly, one-hour group and/or individual supervision sessions for MIDP (Master's Internship and Doctoral Practicum) students. This experience is designed to help interns begin developing their supervisory style while gaining hands-on exposure to the responsibilities of a clinical supervisor.

Weekly Time Allocation:

Activity	Time Allotted
Direct clinical services (~60%)	23-24 hrs
Individual Supervision (5%)	2 hrs.
Group Supervision and Consultations (10%)	2-3 hrs
Didactics and Experiential (7-12%)	2-4 hrs.
Clinical Preparation (~20%: e.g., case notes, intake notes, group notes, supervision prep, administrative tasks, etc.) focus on assigned readings, prepare for supervision, review client records, or to perform case management activities (e.g., making referrals, writing progress notes), research and preparation for presentations throughout the year	8-10 hrs

Site Locations and offices: While the doctoral internship program is all one site, there are five ADA compliant office locations located in Austin and the surrounding areas. Each beautiful location includes eight or more clinician offices, staff rooms, and waiting rooms all with modern and inviting furniture and decor. Our South Central location also includes a spacious meeting room where we host trainings, meetings, and group gatherings. Interns are assigned a primary office location based on office availability and their supervisor's placement. At a minimum, two interns will be placed at one site to foster peer connection and shared support. Every effort will be made to finalize office assignments by June to support interns in securing convenient and appropriate housing in advance of the training year.

Resources: All interns are provided with individual office space, a desk, an external camera for recording purposes, an individually assigned work phone number with voicemail, an email address, and basic office supplies. Additionally, each office has access to the internet as well as a printer/copier/fax machine. Please note that Deep Eddy Internship program provides clerical, technical, and electronic support. In order to maintain HIPAA compliance, interns are provided with Chromebooks to use for their duration of internship.

Staff: Deep Eddy Psychotherapy is supported by a robust team of clinicians, psychiatric providers, and administrative professionals. The clinical team represents a range of disciplines, including psychology, social work, professional counseling, marriage and family therapy and psychiatry. Given the wealth of knowledge and expertise found in our

practice, consultation is always encouraged. The leadership structure consists of Master's Level and Doctoral Practicum Director and Assistant Director, our Director and Assistant Director of Doctoral Internship, Assistant Director of Doctoral Internship, a Postdoctoral Fellowship Director and Assistant Director, Training and Compliance Director (TCD), Clinical Director, and a Director of Diversity/Equity/Inclusion. Administrative support includes an intake scheduling team and patient experience team, and a billing team handling billing and collections for interns' clients. The office manager is also available for tech and other logistical support.

Expectations and requirements: Interns are expected to commit to and demonstrate ethical behavior as defined in the APA Code of Ethics and respective ethical standards, guidelines, and relevant Texas laws, and to become familiar with and observe all DEP policies and procedures. Similarly, doctoral interns are required to abide by expectations set forth by the director and communicated in the Employee Handbook and Doctoral Internship Manual. The Deep Eddy Internship Program requires that interns demonstrate minimum levels of achievement across nine competencies. Interns are formally evaluated by their primary supervisor twice annually, at the midpoint and end of the internship training year. Evaluations are conducted using a standard rating form, which includes comment spaces where supervisors include specific written feedback regarding the interns' performance and progress. The evaluation form includes information about the interns' performance regarding all of Deep Eddy Therapy's expected training competencies and related training elements. Supervisors review with the interns and provide an opportunity for discussion at each timepoint. A copy of the evaluation form is provided to the intern and intern's DCT at all necessary time-intervals.

Salary and Benefits: Doctoral interns are considered non-exempt full-time employees and will receive an annualized hourly rate of \$36,000 (\$17.30/hour) and is paid on our bi-weekly cadence. Part-time positions are not offered.

Basic HMO medical insurance for the intern is covered by Deep Eddy Therapy. Buy-up medical plans, dental, and vision coverage are offered for the intern, family, and legally married or domestic partners at an additional cost to intern. Interns are also eligible to enroll in our 401K retirement plan. Insurance coverage and retirement eligibility begins the first month following the intern start date.

Paid time off (PTO) is accrued at a rate of **4 hours per two-week pay period** for all non-exempt employees. Interns can accrue a total of 13 days PTO (to be used for combined sick and vacation time) and get 8 set holidays. Interns are generally not permitted to take paid time off during their first and last two weeks of the internship year unless there are special circumstances such as graduation, dissertation defense or other professional development activities. This policy allows interns to become fully oriented to the organization and to also ensure all exit procedures are completed before interns complete their training at Deep Eddy Therapy.

***APA Accreditation Status:** Deep Eddy Therapy's Internship Program is [Accredited on contingency](#) as of May 3, 2024. An intern who completes a program that is

recognized as “accredited, on contingency,” effective before their respective graduation date, will have completed an APA accredited program.

Application Requirements and Interview Process: Intern applicants must be advanced doctoral students who have completed the graduate coursework, have an approved dissertation proposal, and have at least 400 direct client hours of supervised practicum experience.

In order for a student's application to be considered, applicants must come from an APA or CPA accredited academic program. All application materials should be completed, signed, and submitted online through the APPIC portal using the online AAPI by November 21, 2025 by 11:59 EST.

1. A letter of interest.
2. AAPI.
3. A CV or resume.
4. Official transcripts of all graduate work.
5. Three letters of reference, at least two from individuals who have supervised your clinical work.

After reviewing all application materials, applicants who make it through our application review process will be notified through the National Matching System (NMS) with information about how to schedule a virtual interview that will last about an hour. Interviews will be held by the Director and/or Assistant Director of Doctoral Internship and possibly a supervising psychologist. **Interview dates will be in December and January**. Current doctoral interns will be available to talk to each applicant interviewed to answer questions and/or further explain the program. Link will be provided through the NMS.

The internship program is an APPIC (Association of Psychology Postdoctoral and Internship Centers) member and complies with all APPIC application requirements and standards. This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

For answers to questions that are not on our website, this brochure, or our APPIC posting, please reach out to doctoraltraining@deepcentered.com.

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2021-2024	
Total # of interns who were in the 3 cohorts	9	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree		
	PD	EP
Academic teaching	PD = 0	EP = 0
Community mental health center	PD = 0	EP = 0
Consortium	PD = 0	EP = 0
University Counseling Center	PD = 0	EP = 0
Hospital/Medical Center	PD = 0	EP = 1
Veterans Affairs Health Care System	PD = 0	EP = 0
Psychiatric facility	PD = 0	EP = 0
Correctional facility	PD = 0	EP = 0
Health maintenance organization	PD = 0	EP = 1
School district/system	PD = 0	EP = 0
Independent practice setting	PD = 6	EP = 0
Other	PD = 0	EP = 0

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.

The doctoral internship program is accredited by the Commission on Accreditation of the American Psychological Association. Any questions related to the program's accredited status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation

American Psychological Association

750 1st Street, NE

Washington, DC 20002

Phone: (202) 336-5979/Email: apaaccred@apa.org

Web: www.apa.org/ed/accreditation