Deep Eddy Therapy Doctoral Internship Brochure for 2027-2028

The APA accredited Doctoral Internship Program at Deep Eddy Therapy is designed to be aligned with Deep Eddy Psychotherapy's values thereby creating a warm, inclusive, and connected culture. Doctoral interns in our program will be competent to practice autonomously in their future roles as licensed psychologists providing compassionate care to all persons at every stage of life. The internship program provides focused and intensive training and experience in various clinical modalities, including opportunities to provide therapeutic services such individuals, couples, groups, including intake assessments and various consultative support with experts in the practice. The internship consists of in-person services, supervision, training didactics, and support. Interns are required to attend two to four hours of clinical training per week (primarily didactic and experiential with some case consultation), in addition to weekly individual and group supervision, present a didactic(s) to the practice, and supervise students from our Master's Internship and Doctoral Practicum (MIDP) program. This is primarily a therapy site; however, there may be some opportunities to provide adult ADHD assessments in collaboration with our psychometrist. The Deep Eddy Therapy Internship program *starts on August 9, 2027 and concludes on August 4, 2028.*

Program Aim: The primary aim of our Internship is to prepare psychologists who are capable of and committed to providing ethical, professional, and socially-just psychological services. The Deep Eddy Therapy doctoral internship supports training of psychologists who are competent to serve all members of the public, and fully endorses Preparing Professional Psychologists to Serve a Diverse Public as an essential component of our profession. Please review the document in considering application to the Deep Eddy Therapy internship program.

Training Goals: The DEP training program is an advanced psychotherapy and/or assessment experience that allows students the opportunity to practice within a large and well-established group private practice in Austin, TX. The goal of this program is to provide training and supervision in the following areas:

- Competence in Research
- Competence in Ethics
- Competence in Individual & Cultural Diversity
- Competence in Professional Values & Attitudes
- Competence in Communication and Interpersonal Skills
- Competence in Assessment
- Competence in Intervention
- Competence in Supervision
- Competence in Consultation and Interprofessional/Interdisciplinary Skills

Structure of the Doctoral Internship: The Deep Eddy Psychotherapy Doctoral Internship is a full-time, 12-month training experience (40 hours per week) culminating in approximately 2,000 hours of supervised professional experience. Designed to foster the development of competent, ethical, and relationally attuned psychologists, the internship integrates direct clinical service, individual and group supervision, didactic training, consultation groups, and administrative responsibilities into a comprehensive, developmentally sequenced training experience.

Interns provide approximately 23–24 hours of direct clinical service per week (referrals permitting). The majority of clinical work involves providing individual psychotherapy across the lifespan, with opportunities to work with couples, families, and therapy groups based on interest, training goals, and client needs. Interns interested in psychological assessment may also participate in adult ADHD psychodiagnostic evaluations alongside a psychometrist.

Supervision is the cornerstone of the internship experience and serves as the primary vehicle for developing clinical competence, ethical practice, professional identity, and the intentional use of self in therapy. Our supervision model is individualized to each intern's developmental stage, clinical strengths, and learning goals, providing an appropriate balance of support, challenge, and increasing autonomy throughout the training year.

Interns receive supervision from experienced licensed psychologists who utilize an integrated developmental model of supervision. Supervisors take an active, collaborative, and strengths-based approach by providing individualized feedback, facilitating guided reflection, and supporting the progressive refinement of clinical skills. As interns demonstrate increasing competence, supervisors assess readiness for greater clinical independence through review of recorded sessions, ensuring that clinical work reflects sound case conceptualization, ethical decision-making, and therapeutic effectiveness. To support this process, interns are expected to record all clinical sessions.

Each doctoral intern receives a minimum of two hours of individual supervision per week focused on their clinical work, in addition to participating in a weekly two-hour group supervision facilitated by the Director and/or Assistant Director of Doctoral Internship. Group supervision provides a confidential and supportive environment for reflective practice, case consultation, and professional development. Through collaborative dialogue, interns deepen case conceptualization, strengthen clinical reasoning, cultivate greater self-awareness, and develop their professional identities alongside their peers.

Consistent with our experiential and relational philosophy, supervision emphasizes self-reflection, process, parallel dynamics, and the therapeutic relationship as central mechanisms of growth and change. We seek interns who approach training with curiosity, humility, and a genuine commitment to self-exploration. Successful interns are reflective practitioners who are open to feedback, willing to examine their clinical decision-making, relational patterns, emotional responses, and use of self in the

therapeutic process. They actively engage in supervision as a collaborative space for learning, thoughtfully integrate feedback into their clinical work, and view challenges as opportunities for continued growth. We value interns who recognize that developing as a psychologist involves not only expanding clinical knowledge and skills, but also cultivating self-awareness, relational capacity, and the ability to thoughtfully apply these insights to their work with clients.

The didactic curriculum complements and enriches the clinical training experience. Interns participate in four 12-week training rotations designed to deepen theoretical knowledge while strengthening clinical application. Previous rotations have included trauma, pediatrics, Minding the Heart, family therapy, diversity focused training, and couples therapy. Each rotation integrates foundational theory, case conceptualization, demonstration of interventions, and experiential skill-building. For example, the Minding the Heart rotation introduces interns to leading experiential therapies—including AEDP, Coherence Therapy, Emotionally Focused Therapy (EFT), and Internal Family Systems (IFS)—while providing opportunities to practice core interventions. Interns may further individualize their training by participating in weekly consultation groups in areas such as Couples Therapy, Group Therapy, and Child Therapy, where they learn alongside clinicians with specialized expertise.

As part of their professional development, doctoral interns also receive supervised experience providing clinical supervision to Master's Internship and Doctoral Practicum (MIDP) students. Interns alternate leading bi-weekly one-hour individual and group supervision sessions, allowing them to begin developing their supervisory identity while gaining hands-on experience with the responsibilities of clinical supervision under the mentorship of licensed psychologists.

This internship is best suited for applicants who are curious, reflective, and committed to lifelong learning. Successful interns demonstrate openness to feedback, humility in acknowledging areas for growth, and a willingness to engage in meaningful self-exploration. They value the supervisory relationship as an essential component of their training and are motivated to deepen both their clinical competence and personal awareness in service of providing thoughtful, culturally responsive, and relationally attuned care.

Weekly Time Allocation:

Activity	**Time Allotted**
Direct clinical services (~60%)	23-24 hrs
Individual Supervision (5%)	2 hrs.

Group Supervision and Consultations (10%)	2-3 hrs
Didactics and Experiential (7-12%)	2-4 hrs.
Clinical Preparation (e.g., case notes, intake notes, supervision prep,administrative tasks, community out reach etc.) focus on assigned readings, prepare for supervision, review client records, or to perform case management activities (e.g., making referrals, writing progress notes), and other indirect activities focusing on aspects of professional development (e.g., preparation for presentations throughout the year, community outreach, engage in practice-wide initiatives).	8-10 hrs

Site Locations and offices: While the doctoral internship program is all one site, there are five ADA compliant office locations located in Austin and the surrounding areas. Each beautiful location includes eight or more clinician offices, staff rooms, and waiting rooms all with modern and inviting furniture and decor. Our South Central location also includes a spacious meeting room where we host trainings, meetings, and group gatherings. Interns are assigned a primary office location based on office availability and their supervisor's placement. At a minimum, two interns will be placed at one site to foster peer connection and shared support. Every effort will be made to finalize office assignments by June to support interns in securing convenient and appropriate housing in advance of the training year.

Resources: All interns are provided with individual office space, a desk, an external camera for recording purposes, an individually assigned work phone number with voicemail, an email address, and basic office supplies. Additionally, each office has access to the internet as well as a printer/copier/fax machine. Please note that Deep Eddy Internship program provides clerical, technical, and electronic support. In order to maintain HIPAA compliance, interns are provided with laptops to use for their duration of internship.

Staff: Deep Eddy Psychotherapy is supported by a robust team of clinicians, psychiatric providers, and administrative professionals. The clinical team represents a range of disciplines, including psychology, social work, professional counseling, marriage and family therapy and psychiatry. Given the wealth of knowledge and expertise found in our practice, consultation is always encouraged. The leadership structure consists of Master's Level and Doctoral Practicum Director and Assistant Director, our Director and Assistant Director of Doctoral Internship, Assistant Director of Doctoral Internship, a Postdoctoral Fellowship Director and Assistant Director, Training and Compliance Director (TCD), Clinical Director, and a Director of Diversity/Equity/Inclusion. Administrative support includes an intake scheduling team and patient experience team, and a billing team handling billing and collections for interns' clients. The office manager is also available for tech and other logistical support.

Expectations and requirements: Interns are expected to commit to and demonstrate ethical behavior as defined in the APA Code of Ethics and respective ethical standards, guidelines, and relevant Texas laws, and to become familiar with and observe all DEP policies and procedures. Similarly, doctoral interns are required to abide by expectations set forth by the director and communicated in the Employee Handbook and Doctoral Internship Manual. The Deep Eddy Internship Program requires that interns demonstrate minimum levels of achievement across nine competencies. Interns are formally evaluated by their primary supervisor twice annually, at the midpoint and end of the internship training year. Evaluations are conducted using a standard rating form, which includes comment spaces where supervisors include specific written feedback regarding the interns' performance and progress. The evaluation form includes information about the interns' performance regarding all of Deep Eddy Therapy's expected training competencies and related training elements. Supervisors review with the interns and provide an opportunity for discussion at each timepoint. A copy of the evaluation form is provided to the intern and intern's DCT at all necessary time-intervals.

Salary and Benefits: Doctoral interns are considered non-exempt full-time employees and will receive an annualized hourly rate of $36,000 ($17.30/hour) and is paid on our bi-weekly cadence. Part-time positions are not offered.

Basic HMO medical insurance for the intern is covered by Deep Eddy Therapy. Buy-up medical plans, dental, and vision coverage are offered for the intern, family, and legally married or domestic partners at an additional cost to intern. Interns are also eligible to enroll in our 401K retirement plan. Insurance coverage and retirement eligibility begins the first month following the intern start date.

Paid time off (PTO) is accrued at a rate of **4 hours per two-week pay period** for all non-exempt employees. Interns can accrue a total of 13 days PTO (to be used for combined sick and vacation time) and get 8 set holidays. Interns are generally not permitted to take paid time off during their first and last two weeks of the internship year unless there are special circumstances such as graduation, dissertation defense or other professional development activities. This policy allows interns to become fully oriented to the organization and to also ensure all exit procedures are completed before interns complete their training at Deep Eddy Therapy.

Application Requirements and Interview Process: Intern applicants must be advanced doctoral students who have completed the graduate coursework, have an approved dissertation proposal by application deadline, and have **at least 400 direct** client hours of supervised practicum experience in your current graduate program.

In order for a student's application to be considered, *applicants must come from an APA or CPA accredited academic program*. All application materials should be completed, signed, and submitted online through the APPIC portal using the online AAPI by November 6, 2026 by 11:59 EST.

1. A letter of interest.
2. AAPI.
3. A CV or resume.
4. Official transcripts of all graduate work.
5. Three letters of reference, at least two from individuals who have supervised your clinical work.

After reviewing all application materials, applicants who make it through our application review process will be notified through the National Matching System (NMS) with information about how to schedule a virtual interview that will last about an hour. Interviews will be held by the Director and/or Assistant Director of Doctoral Internship and possibly a supervising psychologist. **Interview dates will be in December and January**. Current doctoral interns will be available to talk to each applicant interviewed to answer questions and/or further explain the program. Link will be provided through the NMS.

The internship program is an APPIC (Association of Psychology Postdoctoral and Internship Centers) member and complies with all APPIC application requirements and standards. This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

For answers to questions that are not on our website, this brochure, or our APPIC posting, please reach out to doctoraltraining@deepcentered.com.

The doctoral internship program is accredited by the Commission on Accreditation of the American Psychological Association. Any questions related to the program's accredited status should be directed to the Commission on Accreditation:

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